ENTOURAGE COLLECTION STAY AT HOME GUIDE

HOW TO MAKE WORKING FROM HOME ACTUALLY WORK FOR YOU



- 1. GET DRESSED Establish a morning routine that includes getting up and preparing for the day, almost like you would if you were going to an office.
- 2. ORGANISE YOUR WORKSPACE If you want to have a structured day, you first need the right place to work. A place that will help you to focus and avoid distractions.
- 3. PLAN MEALS AHEAD We've all found ourselves standing in front of the fridge or pantry, staring inside and hoping that the perfect meal will magically appear. Sadly, it never does! Making things ahead of time and having a plan for the week is going to be your best bet for solving your lunch dilemmas.
- 4. ESTABLISH WORKING HOURS Decide when you will start and stop your workday. It's still wise to set aside some regular work hours. Be sure to share it with your boss and colleagues too – they need to know how you are structuring your time and when they can contact you.
- **5. TAKE A BREAK** It's important to step away from the computer now and then to recharge, refuel and refocus.
- 6. CHECK IN WITH YOUR TEAM Whether you are using Zoom, Skype or Google Hangouts, stay in touch with your team. Ask them how they're doing and if they need help with anything.

- 7. USE A TASK LIST Make a list of tasks you need to complete each day, with the expected time you will spend on each one of them. Review that list as you begin your day and refer back to it at the end of the day.
- 8. END YOUR DAY Force yourself to shut your laptop at a reasonable hour depending on what is happening with your job. Just as you should start your day with a routine, create a habit that signals the close of the workday; an evening dog walk, or some yoga. You might have a simple routine such as shutting down your laptop and turning on a favourite podcast. Whatever you choose, do it consistently to mark the end of the day clearly.

9. KNOW YOUR APPS

<u>Slack</u> – Online chat tool

<u>Zoom</u> – Video 1:1s and Group/Team meetings <u>Skype</u> – Free online calls, messaging and video <u>LastPass</u> – Safe two factor password manager <u>Trello</u> – Organisation, track progress on projects <u>Google Docs</u> – Create new/existing documents and share with others

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PODCASTS

- 1. The High Low by Pandora Sykes & Dolly Alderton
- 2. Positively Gotham Gal
- 3. Elizabeth Day How to Fail
- 4. But Why: A Podcast for Curious Kids
- 5. Here's The Thing by Alec Baldwin

BOOKS

- 1. Running With Scissors, Augusten Burroughs
- 2. Hold Still, Sally Mann
- 3. Where the Crawdads Sing, Delia Owens
- 4. The Family Upstairs, Lisa Jewell
- 5. This is Going to Hurt, Adam Kay
- 6. Bonus: <u>Bookshop</u> An online bookstore with a mission to financially support independent bookstores and give back to the book community. It is still in its Beta stage in America, but we love what they are doing.

MASTERCLASS

- 1. Kelly Wearstler
- 2. David Sedaris
- 3. <u>Chris Voss</u>
- 4. <u>Bob Iger</u>
- 5. Gabriela Cámara

TV SERIES

- 1. Black Monday (definitely not for children!)
- 2. <u>Bob Ross</u> For pure hilarity and a blast from the past, Bob Ross painting on Netflix is oddly soothing!
- 3. <u>Disney +</u>
- 4. Hillary Clinton on Hulu
- 5. The Nest

CHARITIES

- 1. Jimmy's Pop Up Donate a Dinner
- 2. Meals for the NHS
- 3. Leon supporting the NHS
- 4. <u>Swiss Philanthropy Foundation</u> Supporting the delivery of protective equipment to health care workers.
- 5. <u>National Emergencies Trust</u> Help those affected by the recent outbreak.
- 6. Bonus <u>VistaJet</u> are offering complimentary empty leg flights to governments & medical organisations for the use of repatriating citizens, and moving key medical supplies and experts where possible! We are proud to work with them and of this amazing initiative they are doing.

COMPANIES DELIVERING TO YOUR HOME

- 1. <u>Flowerbx</u> Still delivering in London!
- 2. If you're in America a very useful Wine delivery company during this time: <u>Winc Delivery Service</u>
- 3. <u>Social Pantry</u> Breakfast, lunch or dinner packs, designed to last for 3 days.
- 4. <u>The Plattery</u> Fantastic food platters delivered to your home.
- 5. <u>Potage</u> Delivering fresh, sustainable and delicious meals around London.





CHEFS TO FOLLOW ON INSTAGRAM

- 1. <u>Clodagh McKenna</u>
- 2. Jasmine Hemsley
- 3. <u>Tom Kerridge</u>
- 4. Elisabeth Prueitt
- 5. <u>Nathan Outlaw</u>

СООКВООКЅ

- 1. <u>The Blackberry Farm Cookbook</u>
- 2. <u>Café Pascual's Cookbook: Spirited Recipes from</u> <u>Santa Fe</u>
- 3. Food Swings by Jessica Seinfeld
- 4. <u>River Café 30 Cookbook</u>
- 5. Dishoom: From Bombay with Love



ONE OCEAN BEAUTY, <u>BLUE LIGHT PERFECTION</u> <u>+ HYDRATION MIST</u> This on-the-go mist is designed to be a quick refresh for your skin, adding a layer of protection from blue light exposure, as well as pollution.



OUR TOP 5 STAYING INSIDE BEAUTY ESSENTIALS

BAMFORD REFINING EXFOLIATOR A new discovery, we swear by this gentle yet effective face scrub.



<u>FACIAL</u> <u>ROLLERS</u> Facial Rollers, in jade or rose quartz, which we now actually have the time to use (we love the rose quartz one from Herbivore).





Hand-crafted from ceramic, this beautiful aroma diffuser adds a touch of natural elegance and luxury to any space.

VIRTUAL EXHIBITION: SOPHIE TAEUBER-ARP

<u>AT MoMA</u>

RONNIE SCOTT'S PRESENTS: THE LOCKDOWN SESSIONS

> THE CRUCIBLE ON DIGITAL THEATRE

VIRTUAL ART EXHIBITIONS, MUSIC CONCERTS & GIGS



TAMARA ROJO

THE DIA ART FOUNDATION'S EVENT ARCHIVES



VIRTUAL ART EXHIBITIONS, MUSIC CONCERTS & GIGS





<u>VIRTUAL</u> <u>EXHIBITION:</u> <u>THE ADVENT OF</u> <u>THE ARTIST</u>

<u>VIRTUAL</u> <u>EXHIBITION: THE</u> <u>MUNCH MUSEUM</u> <u>OSLO</u>



VIRTUAL GALLERY: VINCENT VAN GOGH'S LOVE LIFE



BILLBOARDS

LIVE STREAM

VIRTUAL GALLERIES:

THE MUSEU DE ARTE

DE SAO PAULO

VIRTUAL ART EXHIBITIONS, MUSIC CONCERTS & GIGS





ΜΟΥΙΕЅ

(That won't make you want to pull your hair out!)

- 1. <u>The Fantastic Mr. Fox</u> Brilliant movie from the director Wes Anderson.
- 2. <u>Charlie and the Chocolate Factory</u> Johnny Depp version!
- 3. The Addams Family (2019 version)
- 4. Honey, I Shrunk the Kids A classic!
- 5. <u>Brave</u> Disney, but with fantastic adult-worthy social commentary.

EDUCATIONAL RESOURCES

- 1. <u>Oxford Owl</u> Phenomenal educational and recreational resource for children of all ages.
- 1. <u>National Geographic Kids</u> To ensure your child's view of world doesn't shrink, plug into National Geographic Kids and also check out their <u>YouTube</u> <u>Channel</u>.
- 1. <u>Clever Kids Puzzle Books Collection</u> These books are packed with problem-solving questions, exciting and interactive!
- 1. <u>MELScience</u> They deliver fantastic science kits to the US and UK.
- 1. <u>Tynker</u> Everything you need to learn about computer programming!

FUN ACTIVITIES

- 1. <u>Rizzoli</u> Have an amazing page full of free, downloadable activities for children and parents alike, from printable colouring pages and recipes to science experiments and so much more.
- 2. <u>OMY</u> Extra-large colouring pages, a life-saver for entertaining children.
- 3. <u>Little Bins for Little Hands</u> An amazing online source for endless hours of fun for children with a huge STEM focus.
- 4. <u>Sharky and George</u> The famous children's entertainers have turned their Instagram page into a treasure trove of activities for kids; follow them at <u>@sharkyandgeorgeevents.</u>
- 5. <u>Maggie and Rose</u> A children's members club in London, has amazing online resources for entertaining kids during lockdown.
- 6. <u>Healthy Cooking Kits</u> What better time than now to get kids into the kitchen to hone their cooking skills.
- 7. <u>PE with Joe the Body Coach</u> Work out and boost your children's energy every morning with Joe Wicks.

ONLINE EASTER CAMPS

- 1. <u>CodeKids</u> Immersive, project-based learning through online full-day holiday camps.
- 2. <u>Creativity Art Workshops</u> Group sessions learning art techniques with live art teachers.
- 3. <u>Creativity Artworkshops</u> Fantastic range of creative online activities and camps for children over the Easter holidays



ENTOURAGE Collection

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